

TN Fury Soul2Soul Super 64 Fall Basketball League

The Sole 2 Soul Fall Basketball League is an excellent opportunity for high school varsity basketball players (girls and boys) to get warmed up for the upcoming season. Teams will be filled with varsity level players from the area. Games will be officiated by TSSAA officials that will be calling local high school games. All games will be played at Christian Academy of Knoxville (CAK).

Tentative schedule: 2 games per Saturday (8:00am – 2:00pm)

- Week 1: Saturday, August 26, 2017
- Week 2: Saturday, September 2, 2017
- Week 3: Saturday, September 9, 2017
- Week 4: Saturday, September 16, 2017

Special League Rules to promote speed of play:

- Games consist of 20 minute halves
- The clock runs until the last minute of each half
- All free throw opportunities are 1 shot for 2 points
- Each team gets four 30 second timeouts
- Halftime is 3 minutes
- Overtime is sudden death

This year we are altering the league format and team size in an effort to improve the level of competition and to assist varsity level players in their preparation process. There will be 8 girls' teams and 8 boys' teams. Each team will have only 8 players so individual playing time is maximized.

Girls: Each team will have 8 players ranging from freshman to senior. The teams will be split up as evenly as possible to encourage competitive games that push each player to get better.

Boys: The league will be split into 2 age groups in an effort to limit the physical disparity between a freshman and senior. The new divisions are:

- Upper Classmen: This division is for incoming juniors and seniors.
- Under Classmen: This division is for incoming freshmen and sophomores.

The League will consist of 8 teams, 4 in each division. Each team will have only to 8 players so that individual playing time is maximized.